



BODYDYNAMIC INTERNATIONAL
Somatic Developmental Psychology



LOTUS
HEALING ASIA PTE. LTD.

Beyond Techniques: Practical Nervous System Skills for Therapists

Online Training based on Bodydynamics
Somatic Developmental Psychology
Dates: 26–28 June 2026

- » The therapist's nervous system is one of the most powerful – and least trained – tools in psychotherapy
- » Learn how embodied presence, regulation, and boundaries influence attachment, co-regulation, and therapeutic change
- » Develop practical skills to work with trauma, intensity, dependency, collapse, and emotional overwhelm while staying centered and effective
- » An experiential training integrating Bodydynamic Somatic Developmental Psychology into immediately usable clinical practice – no prior somatic training required

Course Fee:

Super Early Bird: SGD 420 (Pay by May 20)

Early Bird: SGD 510 (Pay by May 31)

Regular: SGD 730



Kristina V. Marcher
Senior Bodydynamic Trainer



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Registration: admin@lotushealingasia.com