

Overview of Bodydynamic Practitioner and Bodydynamic Therapist Requirements

To become a certified Bodydynamic Practitioner and Bodydynamic Therapist, students must meet the comprehensive requirements outlined in our training program. For a detailed breakdown of these requirements, including training hours, coursework, and examinations, please refer to the [study outline \(https://www.bodydynamic.com/wp-content/uploads/2022/02/Study-outline-2022.pdf\)](https://www.bodydynamic.com/wp-content/uploads/2022/02/Study-outline-2022.pdf).

Requirement	Foundation	Bodydynamic Practitioner	Bodydynamic Therapist
Minimum overall 80% attendance of the modules of the training and student group meetings	X	X	X
Multiple choice exam at the end of the last Foundation Module	X	X	X
Personal life story/life form assignment		X	X
Practical exam in psychomotor anatomy		X	X
Exam in analysis of a Full Bodymap with short life story			X
Aquarium (therapy) exam		X	X
Self-therapy assignment			X
60 Bodydynamic Supervision hours			X
60 Bodydynamic Therapy Hours + Bodymap			X
Final written assignment (client assignment) followed by an exam			X