



## SHOCK TRAUMA TRAINING – HK COHORT 3

By Ditte Marcher, Hadi B. Marcher and Kristina V. Marcher

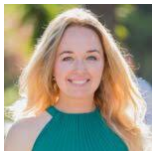
The Bodydynamic Shock and Trauma Course offers a multifaceted, body-oriented, and resource-focused approach to treating Shock Trauma and Post-Traumatic Stress Disorder. Designed for professionals who assist clients in managing shock or high stress, the course emphasizes the importance of understanding and mastering these states within oneself. It is structured into six modules, with five teaching days dedicated to each module. The first three modules focus on participants' personal processes, while the last three modules concentrate on professional treatment techniques.

This course provides comprehensive training in both cognitive and physical skills, enabling practitioners to support their clients more effectively. It addresses the effects of shock and helps clients develop new resources and skills to restore healthy survival reflexes. A key focus is teaching participants how to guide clients in understanding their body's natural responses to danger, empowering them to manage stress and anxiety more effectively. This knowledge allows clients to remain focused in challenging situations. By integrating these approaches, the course equips both practitioners and clients with essential tools for navigating trauma and enhancing resilience.



**Ditte Marcher**, Senior Trainer of Bodydynamic International, specializes in working with shock and PTSD. She has extensive experiences working with veterans in Denmark and Ukraine and have worked in various war zones. Her work also reaches delinquent youths and young criminals. Her passion in this work lies in understanding and helping individuals reach the deep resources that are awakened in every shock that is survived. (aka Finding the Peak in the shock).

**Hadi Bahlawan Marcher**, CEO of Bodydynamic has worked with the 'Red Cross' organization in refugee camps using his Bodydynamic skills. Part of his responsibility was to take care of the refugee unaccompanied children and adolescents and refugees that had history of being tortured. He has been an assistant trainer and co-teacher in 'Shock and Trauma Training' of Bodydynamic, in Brazil, Denmark Greece, Hong Kong, and Ukraine.



**Kristina V. Marcher**, Kristina Vasiljevaite Marcher is a dedicated Bodydynamic teacher and coordinator of trainings and workshops in the Netherlands. She has a background in pedagogy and psychology, complemented by extensive training in Rebirthing, Psychoanalysis, and Gestalt therapy. Kristina is certified in conducting Bodydynamic Bodymaps and volunteers at a shelter for women experiencing domestic violence, using her expertise to provide vital support.

### DATES (Wednesdays to Sundays)

### VENUE

<b>Module 1: March 19–23, 2025</b>	<b>Kristina and Hadi</b>	<b>BOOST</b> <b>6/F Siu On Center</b> <b>188 Lockhart Road</b> <b>Wan Chai</b>
<b>Module 2: May 21–25, 2025</b>	<b>Ditte and Hadi</b>	
<b>Module 3: July 30–August 3, 2025</b>	<b>Ditte and Hadi</b>	
<b>Module 4: October 29–November 2, 2025</b>	<b>Hadi and Kristina</b>	
<b>Module 5: December 17–21, 2025</b>	<b>Ditte and Kristina</b>	
<b>Module 6: January 14–18, 2026</b>	<b>Ditte and Hadi</b>	<b>TIME: 10am -5pm</b>

**\*\*You must be committed to ALL 6 MODULES to be accepted to the program\*\***

### COURSE FEE:

**EARLY BIRD SPECIAL: Registered on or before January 19<sup>th</sup> 2025 & payment according to schedule**

HKD \$ 10,500.00 per module (Payment of HKD\$63,000.00 in full on and before Dec 31<sup>st</sup> 2024)

HKD \$ 11,000.00 per module (Payment of HKD\$66,000.00 in full on or before January 19<sup>th</sup> 2025)

HKD \$ 12,000.00 per module (Payment of 1<sup>st</sup> module HKD\$12,000.00 on before January 19<sup>th</sup> 2025, payment for subsequent modules 2 weeks prior to the start of the next module)

**REGULAR REGISTRATION: Registered after January 19<sup>th</sup> 2025**

HKD \$13,000.00 per module (Registering AFTER January 19<sup>th</sup> 2025 payment 2 weeks before prior to the start of each module)

HKD \$12,000.00 per module (Payment in Full \$72,000.00 in full upon Registration after January 19<sup>th</sup> 2025)

Please register via Google Form: <https://forms.gle/7veCyd6uAUvQRCHy9>

or contact BOOST at WhatsApp +852 6613-3268 or [info@boost-hk.com](mailto:info@boost-hk.com)