



SHOCK TRAUMA TRAINING

By Ditte Marcher and Hadi Marcher

This training offers a multifaceted, body-oriented, and resource-focused approach to the treatment of Shock Trauma and Post Traumatic Stress Disorder. The target audience are professionals who help clients manage shock or high stress and thus need to understand and master these states within themselves. The teaching is divided into 6 modules (**5 Teaching days per module**). The first 3 modules will concentrate on the participant's own processes while the last 3 modules will cover the professional treatment work.

This course provides comprehensive training in cognitive and physical skills, empowering you to better support your clients; not only to remedy the effects of shock but to develop new resources and skills to re-establish healthy survival reflexes.

Survival reflexes are innate, automatic responses that are triggered in humans and animals when faced with danger or threats to their survival. These reflexes are a part of the body's natural defence mechanism and are designed to help individuals respond quickly and effectively to dangerous situations. In the context of trauma, survival reflexes can become dysregulated, leading to symptoms such as hyperarousal, dissociation, and anxiety.

The Bodydynamic Shock and Trauma Course works on re-establishing healthy survival reflexes and teaches you to help your clients develop a better understanding of their body's natural responses to danger, empowering them to manage stress and anxiety effectively and remain focused in challenging situations.



Ditte Marcher, Senior Trainer of Bodydynamic International, specializes in working with shock and PTSD. She has extensive experiences working with veterans in Denmark and Ukraine and have worked in various war zones. Her work also reaches delinquent youths and young criminals. Her passion in this work lies in understanding and helping individuals reach the deep resources that are awakened in every shock that is survived. (aka Finding the Peak in the shock).

Hadi Bahlawan Marcher, CEO of Bodydynamic has worked with the 'Red Cross' organization in refugee camps using his Bodydynamic skills. Part of his responsibility was to take care of the refugee unaccompanied children and adolescents and refugees that had history of being tortured. He has been an assistant trainer and co-teacher in 'Shock and Trauma Training' of Bodydynamic, in Brazil, Denmark Greece, Hong Kong, and Ukraine.



SPECIAL ANNOUNCEMENT:

ALL MODULES ARE TAUGHT EXCLUSIVELY BY DITTE AND HADI MARCHER

Given Ditte Marcher's popularity and demand for her presence internationally, to have **ALL** the modules of this training taught by her in person is a rare occasion to be savoured by Students.

We urge you to act fast to save your seat in this training!

DATES:

1st module	August 16 – 20, 2023
2nd module	November 7 – 12, 2023
3rd module	Feb 14 – 18, 2024
4th module	May 15 – 19, 2024
5th module	August 28 – September 1, 2024
6th module	November 6 – 10, 2024

VENUE:

BOOST
6/F. Siu On Center,
Wan Chai, Hong Kong

TIME: 10am - 6pm

You must be committed to ALL 6 MODULES to be accepted to the program

COURSE FEE:

EARLY BIRD SPECIAL: Registered on or before June 16th 2023 & payment according to schedule

HKD \$ 10,000.00 per module (if Paid in Full \$60,000 by June 16th 2023)

HKD \$ 11,000.00 per module (if paying in 2 instalments: \$33,000 before June 16th2023 and \$33,000 by May 15th 2024)

HKD \$12,000.00 per module (Payment of 1st module before June 16th2023, payments for subsequent modules 2 weeks before the start of the next module)

REGULAR REGISTRATION: Registered after June 16th 2023

HKD \$13,000.00 per module (Registering after June 16th 2023)

HKD \$11,000.00 per module (if Paid in Full \$66,000 upon Registration after June 16th, 2023)

Please register via Google Form: <https://forms.gle/zrp5Wqr2FuYnwP1V9>
or contact BOOST at 27088768 or info@boost-hk.com